# **PROGRAMS**



## WINTER 2021-2022

COVID- 19 UPDATE

CALENDAR

We are able to continue some of our programs and have implemented exciting new programs with COVID quidelines so that we can continue to serve and keep our

keep socially distanced. Please register in advance for all

11 Second Saturday Family Adventure • 10:30am - 12:00pm 13 Plot It Fresh Application open for South Ward Residents 18 Family Fun in the Kitchen • 11:00am - 12:30pm

Plot It Fresh Application open for all Newark Residents

Second Saturday Family Adventure • 10:30am – 12:00pm

15 Family Fun in the Kitchen • 11:00am – 12:30pm

31 Plot It Fresh Application open to all applicants

## DECEMBER • JANUARY• FEBRUAR

**EVENTS** 



## **EDUCATION & FAMILY PROGRAMS** SECOND SATURDAYS

#### Saturdays • 10:30am-12:00 pm • FREE • 12/11, 1/8, 2/12

Join us for our safe and socially-distanced Second Saturday Family Adventure program! Learn about different topics taught by our knowledgeable staff. We offer environmental education and service-learning programs for students of all ages to foster critical thinking, problem-solving, and student collaboration. Registration required.



#### FAMILY FUN IN THE KITCHEN

#### Saturdays • 11:00am-12:30pm • FREE • 12/13, 1/15, Check citybloom.org/events for dates

Cook delicious recipes with vegan Chef, Afi Green! Join her once a month on Facebook Live and in-person to learn knife skills, cooking tips and tricks, and how to cook recipes like chickpea noodle soup, cupcakes, and more! Check our website to see what's on the menu. All in-person participants must register and must wear a mask indoors.

## **COMMUNITY RESOURCES**

#### NUTRITION RESOURCES

#### citybloom.org • Youth & Family Education • FREE

Visit our "Nutrition Programs" page to learn about events and programs going on around Newark, watch informative cooking videos, and watch the documentary "Health in the City"! Let us know if there is an environmental, health, or wellness topic you would like to learn more about.

www.citybloom.org/programs/education/nutrition-programs.html

## GARDEN STATE GARDENS PASSPORT

#### gardenstategardens.org • Youth & Family Education • FREE

Learn about NJ public gardens and get a chance to win a prize by downloading and visiting gardens from their Garden State Garden Passport book! Get the passport by following the link below. gardenstategardens.files.wordpress.com/2021/05/gsg-passport-2021\_web-version.pdf

## WWW.CITYBLOOM.ORG





@GreaterNewarkConservancy



#### @CityBloom87

Second Saturday Family Adventure • 10:30am - 12:00pm 12 14 Valentines Day

FEBRUARY

21 President's Day

programs.

1

3

8

DECEMBER

JANUARY

Happy New Year!

17 Martin Luther King Jr. Dav

First Day of Black History Month

## CHECK OUT OUR YOUTUBE!

Want to learn about gardening, repotting plants, delicious recipes and more? Check out our Youtube channel!

Winter is the perfect time to learn and prepare for the next growing season and our channel is a wealth of knowledge just for you.

Scan for our Youtube Channel



- **REGISTRATION IS REQUIRED FOR** WORKSHOPS AND EVENTS. POLICIES HAVE CHANGED DUE TO COVID-19.
- To sign up or for more details on our programs, please visit www.citybloom.org.
- **Please note: For marketing and** promotional use, we often take photos at our events. If you do not want to be included, please inform the photographer.

# **EVENTS PROGRAMS**

## WINTER 2021-2022

## **DECEMBER• JANUARY• FEBRUARY**

## SEASONAL RECIPE

Did you know that persimmon season is from September to December? Originally from China, this delicious fruit first came to the US in the 19th century. Today there are over 2,000 varieties.

Persimmons contain more than half of your daily vitamin A so while you're enjoying this delicious snack you're also promoting healthy vision! Get Newark grown persimmons online from the Cooperative Market for a limited time.



## PERSIMMON BREAD

Time: 1 Hour 15 minutes Serves: 8

#### **Ingredients:**

- 1 cup of persimmon pulp
- 2 eggs (room temperature)
- 1/2 tsp of kosher salt
- 2 tsp cinnamon
- 1/4 tsp ground nutmeg
- 1/4 tsp ground cloves
- 1/2 tsp vanilla extract
- 2 tsp baking soda
- 1/2 cup unsalted butter (softened)
- 3/4 cup sugar (brown or white)
- Powdered sugar for topping (optional)

#### **Directions:**

- 1. Preheat oven to 350F and grease pan.
- 2. Combine dry ingredients in a medium bowl.
- 3. Cream butter and eggs in a large bowl.
- 4. Beat eggs and vanilla extract in a small bowl.
- 5. Slowly combine egg/vanilla mixture with creamed butter and sugar. Mix well with hand mixer or stand mixer.
- 6.Add persimmon pulp to wet mixture.
- 7. Slowly add combine dry ingredient mixture with the wet ingredients. Mix with spatula.
- 8. Pour into bread pan and cook for 45-55 minutes until center is well baked.
- 9. To know if your bread is done, insert a toothpick or knife into the center and see if it comes out clean.
- 10. Optional: sprinkle powdered sugar on top and serve.

#### Sign-up for more seasonal recipes on our website.

### WWW.CITYBLOOM.ORG

32 Prince Street, Newark, NJ 07103





## COMMUNITY PROGRAMS

#### MAKING OUR CITY BLOOM GALA May 11th , 2022

This year for our Making our City Bloom Gala, we will be celebrating 35 years of Greater Newark Conservancy! Join us on May 11th!

Stay tuned for more info on the event and how you can aet involved.

Check out our website for more info.

## PLOT IT FRESH

This program provides Newark community members with the opportunity to rent a community garden plot for a nominal fee. Community members can spend time outside in the sunshine, work with their hands and their community to produce beautiful-and bountiful-fresh food gardens. The Conservancy will provide seeds, gardening and farming education, as well as technical assistance.

Register now on our website.

#### Visit www.citybloom.org to learn more.

## **URBAN AGRICULTURE** COOPERATIVE

The Cooperative Market aggregates products from local and NJ-based farms and offers and prioritizes products supplied by Newark-based food producers.

They emphasize working with small lot urban growers, BIPOC and women-owned farm businesses, as well as others with a commitment to urban food access for the City of Newark and the greater region.

Visit their website to find a pickup location near you and to place your order.

#### **Order Produce Online:** urbanagcoop.market



